

Adult Tobacco Survey 1

Fall 2000 Survey Results

Snohomish County

First, I have some questions about your health. Would you say that in general your health is. . .

n = 487

Excellent	24.4%	(± 4.2%)
Very good	39.4	(± 4.8)
Good	25.2	(± 4.4)
Fair	7.4	(± 2.8)
Or poor	3.6	(± 1.9)

During the past 3 months, on how many days did you stay in bed for more than half the day because of illness or injury?

n = 481

None	80.9%	(± 4.0%)
One day	4.9	(± 2.1)
More than one day	14.3	(± 3.6)

About how long has it been since you last visited a DOCTOR for a routine checkup?

n = 484

Within the past year (1-12 months ago)	70.8%	(± 4.7%)
Within the past two years (1-2 years ago)	14.9	(± 3.8)
More than two years ago	14.3	(± 3.7)
Never	0.0	(± 0.0)

About how long has it been since you last visited a DENTIST for a routine checkup?

n = 485

Within the past year (1-12 months ago)	69.6%	(± 4.7%)
Within the past two years (1-2 years ago)	10.2	(± 3.2)
More than 2 years ago	20.2	(± 4.1)
Never	0.0	(± 0.0)

Next are a few questions about your health care coverage. Do you have any kind of health care coverage, including health insurance, prepaid plans such as an HMO, or government plans such as Medicare?

n = 486

Yes	89.1%	(± 3.3%)
No	10.9	(± 3.3)

* Estimates based on sample sizes less than 75 omitted

Among those with health care coverage:

What type of health coverage do you use to pay for most of your medical care? Is it coverage through. . .

n = 432

Your employer	53.0%	(± 5.2%)
Someone else's employer	16.0	(± 3.7)
A plan that you or someone buys on your own	11.4	(± 3.4)
Medicare	13.5	(± 3.4)
Medicaid or Medical Assistance	2.9	(± 1.8)
Other	3.2	(± 2.0)

Are you currently. . .

n = 489

Employed for wages	59.3%	(± 4.9%)
Self-employed	10.2	(± 3.3)
Out of work	3.0	(± 1.8)
Homemaker	5.8	(± 2.0)
Student	3.6	(± 2.0)
Retired	14.8	(± 3.2)
Or unable to work	3.3	(± 1.7)

Now, I would like to ask you some questions about your personal history of tobacco use. Have you smoked at least 100 cigarettes in your entire life? NOTE: 5 Packs = 100 cigarettes

n = 487

Yes	54.6%	(± 5.0%)
No	45.4	(± 5.0)

Among those who ever smoked 100 cigarettes:

Do you now smoke cigarettes every day, some days or not at all?

n = 267

Every day	41.5%	(± 6.8%)
Some days	6.9	(± 3.5)
Not at all	51.6	(± 6.8)

Among every day smokers:

On average, about how many cigarettes per day do you smoke? NOTE: 1 PACK = 20 CIGARETTES

n = 99

average: 17.3 (± 1.9)

Current cigarette smoking prevalence:

n = 487

(every day or some day smokers among the whole population)	26.4%	(± 4.6%)
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Among those who ever smoked 100 cigarettes:

How old were you when you first tried smoking cigarettes?

n = 261

average: 15.3 (± 0.6)

Among those who ever smoked 100 cigarettes:

How old were you when you first started smoking cigarettes fairly regularly?

n = 257

average: 18.2 (± 0.6)

* Estimates based on sample sizes less than 75 omitted

Among current smokers:

What brand of cigarette do you smoke most often?

n = 118

Camel	19.1%	(± 8.1%)
Marlboro	38.7	(± 10.2)
Other	42.1	(± 10.3)

Among current smokers:

Is this brand menthol?

n = 116

Yes	13.0%	(± 7.3%)
No	87.0	(± 7.3)

Among current smokers:

Are you currently smoking a brand with lower levels of nicotine or tar?

n = 111

Yes	56.6%	(± 10.9%)
No	43.4	(± 10.9)

This next question asks about smokeless tobacco. Have you ever tried using smokeless tobacco, like chew, dip or snuff? IF NEEDED: Such as Copenhagen, Kodiak, Redman or Beechnut

n = 489

Yes	25.5%	(± 4.5%)
No	74.5	(± 4.5)

Among those who ever used smokeless tobacco:

On how many of the past 30 days did you use smokeless tobacco products?

n = 106

Zero	83.0%	(± 8.2%)
Less than 30	9.0	(± 6.3)
30 days	8.0	(± 5.9)

Current smokeless tobacco prevalence:

n = 489

(any use in the past 30 days among the whole population)	4.3%	(± 2.2%)
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What about cigar smoking, including large cigars, cigarillos, and little cigars. How many cigars have you smoked in your life?

n = 487

None	58.2%	(± 5.0%)
One	5.4	(± 2.3)
2-5	12.2	(± 3.4)
6-20	11.9	(± 3.6)
More than 20	12.3	(± 3.5)

Among those who ever smoked a cigar:

On how many of the past 30 days did you smoke a cigar, even just a puff?

n = 177

Zero	84.5%	(± 6.6%)
Less than 30	14.8	(± 6.5)
30 days	0.6	(± 1.2)

Current cigar smoking prevalence:

n = 489

(any use in the past 30 days among the whole population)	6.5%	(± 2.9%)
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* Estimates based on sample sizes less than 75 omitted

Have you ever tried smoking tobacco in a pipe?	n = 328	
Yes	32.7%	(± 5.9%)
No	67.3	(± 5.9)

Among those who ever smoked a pipe:

On how many of the past 30 days did you smoke tobacco in a pipe?	n = 95	
Zero	94.8%	(± 5.8%)
Less than 30	4.9	(± 5.8)
30 days	0.3	(± 0.6)

Current pipe smoking prevalence:	n = 489	
(any use in the past 30 days among the whole population)	1.2%	(± 1.3%)

Have you ever tried smoking bidis (BEEDIES)?	n = 316	
Yes	6.4%	(± 3.7%)
No	93.6	(± 3.7)

Current bidi smoking prevalence:	n = 489	
(any use in the past 30 days among the whole population)	0.5%	(± 0.7%)

Have you ever tried smoking clove cigarettes?	n = 327	
Yes	25.6%	(± 5.4%)
No	74.4	(± 5.4)

Among those who ever smoked cloves:

On how many of the past 30 days did you use clove cigarettes?	n = 83	
Zero	95.5%	(± 6.1%)
Less than 30	2.2	(± 4.4)
30 days	2.3	(± 4.4)

Current clove cigarette smoking prevalence:	n = 489	
(any use in the past 30 days among the whole population)	0.8%	(± 1.1%)

Current tobacco use prevalence:	n = 489	
(Currently smokes cigarettes, cigars, pipes, bidis, or cloves OR uses smokeless tobacco among the whole population)	32.2%	(± 4.9%)

Among current tobacco users:

About how much do you usually spend on tobacco products every week? IF NEEDED On average, in a typical week	n = 134	
Less than \$5	21.2%	(± 8.1%)
\$5-9	6.5	(± 4.5)
\$10-14	12.1	(± 5.8)
\$15-24	19.3	(± 7.1)
\$25-34	27.1	(± 9.0)
\$35-44	8.2	(± 6.0)
\$45 or more	5.7	(± 4.8)

* Estimates based on sample sizes less than 75 omitted

Among current tobacco users:

In the past month, did you buy tobacco on a Native American reservation?

n = 142

Yes	6.2%	(± 4.9%)
No	93.8	(± 4.9)

Among current and former tobacco users:

Do you agree or disagree with the following statement: People close to me are/were upset by my using tobacco. Do you. . .

n = 267

Strongly agree	35.0%	(± 6.4%)
Somewhat agree	27.4	(± 5.9)
Somewhat disagree	17.7	(± 5.4)
Or strongly disagree	19.9	(± 5.6)

Among current tobacco users:

Have any of the following health care professionals ever advised you to quit using tobacco. . .

n = 142

Doctor	61.1%	(± 9.6%)
Dentist	6.8	(± 5.1)
Nurse	2.8	(± 3.2)
None/No other health professional	29.3	(± 9.2)

Among current smokers who were ever advised:

When was the last time a health care professional advised you to quit using tobacco?

n = 103

Within the past year (1-12 months)	65.7%	(± 10.1%)
Within the past three years (1-3 years)	16.6	(± 7.7)
Or 3 or more years ago	17.8	(± 8.0)

Among current tobacco users:

Would you like to quit using tobacco?

n = 133

Yes	73.9%	(± 8.8%)
No	26.1	(± 8.8)

Among current tobacco users:

Are you seriously considering quitting tobacco use within the next 6 months?

n = 135

Yes	59.7%	(± 9.6%)
No	40.3	(± 9.6)

Among current tobacco users wanting to quit within the next 6 months:

Are you planning to stop within the next 30 days?

n = 73

Yes	*	*
No	*	*

* Estimates based on sample sizes less than 75 omitted

Among current tobacco users:

Readiness to quit, from the "Stages of Change" model

n = 125

Precontemplative	45.9%	(± 10.1%)
Contemplative	29.1	(± 9.4)
Preparation	25.0	(± 8.5)

Among those who are employed for wages (excluding self-employed):

Within the past year, has your employer offered any stop-smoking programs or other programs to help employees who want to quit using tobacco?

n = 83

Yes	19.0%	(± 9.6%)
No	81.0	(± 9.6)

Among tobacco users with health care:

Does your health insurance coverage pay for the cost of any help to quit using tobacco, such as a stop-smoking program or nicotine patches, pills, or other medications?

n = 112

Yes	30.0%	(± 10.1%)
No	37.2	(± 10.1)
Don't Know/Not sure	32.9	(± 9.7)

Among tobacco users who have ever quit:

How many times in your life have you seriously tried to quit using tobacco?

n = 138

0	22.7%	(± 8.6%)
1-2	38.4	(± 9.3)
3-5	26.2	(± 8.7)
6 or more	12.7	(± 5.6)

Among all tobacco users:

During the past year, have you not used tobacco for 1 day or longer because you were seriously trying to quit?

n = 141

Yes	49.4%	(± 9.6%)
No	50.6	(± 9.6)

Among former tobacco users:

About how long has it been since you last used tobacco regularly, that is, daily?

n = 136

Within the past year (0-12 months ago)	5.8%	(± 3.9%)
Within the past 5 years (1-5 years ago)	16.4	(± 6.7)
Within the past 15 years (5-15 years ago)	29.7	(± 8.2)
Or 15 or more years ago	46.9	(± 9.2)
Never used regularly	1.1	(± 2.2)

Next I have some questions about you. Remember that your responses are confidential. What is your age?

n = 489

18-29	21.5%	(± 4.3%)
30-49	46.2	(± 5.0)
50+	32.3	(± 4.5)

* Estimates based on sample sizes less than 75 omitted

What is your race or ethnicity? Would you say. . .(First answer)

n = 484

White	90.2%	(± 3.4%)
Black	0.9	(± 0.8)
Asian, Pacific Islander	5.6	(± 2.5)
American Indian, Alaska Native	1.8	(± 1.9)
Hispanic, Latino	0.6	(± 0.8)
Or something else (SPECIFY:)	0.8	(± 1.2)

Are you. . .

n = 488

Married	60.6%	(± 4.8%)
Divorced	12.1	(± 2.9)
Widowed	5.5	(± 1.8)
Separated	1.3	(± 0.9)
Never been married	17.4	(± 4.1)
Or a member of unmarried couple	3.2	(± 2.0)

How many children under the age of 18 live in your household?

n = 489

None	57.6%	(± 5.0%)
1	17.0	(± 3.8)
2	19.0	(± 4.2)
3 or more	6.5	(± 2.3)

What is the highest grade or year of school you completed?

n = 487

Some high school or less	7.8%	(± 2.9%)
Grade 12 (high school graduate or GED)	29.5	(± 4.6)
College 1-3 years (some college, technical school, community college AA)	35.3	(± 4.7)
College graduate (4 years) or beyond college	27.4	(± 4.4)

Among those who are employed for wages (excluding self-employed):**How many people are employed where you work? IF NEEDED: Facilities that share your same street address**

n = 276

Less than 5	8.7%	(± 4.2%)
Between 5 and 9	5.5	(± 2.8)
Between 10 and 19	9.2	(± 3.8)
Between 20 and 99	27.3	(± 5.8)
Or 100 or more	49.4	(± 6.6)

Among those who are employed for wages (excluding self-employed):**When you are at work, do you spend most of your time in an. . .**

n = 279

Office	52.7%	(± 6.6%)
Store	4.1	(± 2.4)
Restaurant	4.0	(± 2.9)
Warehouse or factory	15.4	(± 4.8)
Home	3.7	(± 2.3)
Outdoors	11.8	(± 4.9)
Car or truck	3.8	(± 2.5)
Or somewhere else (SPECIFY:)	4.5	(± 2.7)

* Estimates based on sample sizes less than 75 omitted

Annual household income from all sources... IF NEEDED: Annual household income before taxes.

n = 426

\$20,000 or less	13.7%	(± 3.8%)
\$20,000 to less than \$50,000	43.3	(± 5.2)
\$75,000 or more	43.0	(± 5.3)

Are you currently registered to vote?

n = 487

Yes	84.6%	(± 3.5%)
No	15.4	(± 3.5)

Gender

n = 489

Male	50.6%	(± 5.0%)
Female	49.4	(± 5.0)

The next questions are about secondhand smoke. Secondhand smoke is smoke from someone else's cigarette, cigar or pipe. In general, would you say that breathing secondhand smoke is. . .

n = 483

Not at all annoying to you	14.9%	(± 3.7%)
Somewhat annoying to you	29.4	(± 4.5)
Or very annoying to you	55.6	(± 5.0)

Would you say that breathing secondhand smoke is. . .

n = 464

Very harmful	64.6%	(± 4.9%)
Somewhat harmful	29.9	(± 4.8)
Not very harmful	3.8	(± 1.8)
Or not harmful at all	1.7	(± 1.4)

Do you agree or disagree with the following statement: All people should be protected from secondhand smoke. Do you. . .

n = 473

Strongly agree	61.1%	(± 4.9%)
Somewhat agree	24.2	(± 4.3)
Somewhat disagree	7.3	(± 2.7)
Or strongly disagree	7.3	(± 2.7)

What about this statement: ALL CHILDREN should be protected from secondhand smoke. Do you. . .

n = 488

Strongly agree	84.4%	(± 3.7%)
Somewhat agree	10.1	(± 3.1)
Somewhat disagree	2.9	(± 1.7)
Or strongly disagree	2.6	(± 1.5)

Here is another statement: A pregnant woman could hurt her baby if she smokes. Do you. . .

n = 464

Strongly agree	82.0%	(± 3.9%)
Somewhat agree	15.4	(± 3.8)
Somewhat disagree	1.7	(± 1.1)
Or strongly disagree	0.9	(± 0.8)

* Estimates based on sample sizes less than 75 omitted

Which one of the following statements best describes the rules about smoking in your home. . .

n = 482

No one is allowed to smoke anywhere inside your home	81.8%	(± 4.0%)
Smoking is allowed in some places at some times	10.3	(± 3.3)
Or smoking is permitted anywhere inside your home	7.9	(± 2.8)

Is there anyone, besides you, living in your household who smokes cigarettes, cigars, or pipes?

n = 489

Yes	24.7%	(± 4.7%)
No	75.3	(± 4.7)

On how many of the past 30 days has someone, including you, smoked cigarettes, cigars, or pipes anywhere inside your home?

n = 482

0 days	84.0%	(± 4.0%)
1-29 days	5.5	(± 2.5)
30 days	10.5	(± 3.3)

If it were just up to you, would you let people smoke inside your home?

n = 483

Yes	14.3%	(± 3.5%)
No	85.7	(± 3.5)

Among those who are employed for wages (excluding self-employed):

The next questions are about secondhand smoke in your work place. Does your workplace have official rules that restrict smoking in any way?

n = 276

Yes	85.2%	(± 5.2%)
No	14.8	(± 5.2)

Among those employed where there are smoking rules:

Which of the following best describes your employer's smoking rules?

n = 238

Not allowed anywhere	59.4%	(± 6.8%)
Not allowed in indoor areas, but allowed in some public or common areas, such as luchrooms, or employee lounges	34.6	(± 6.5)
Or allowed in some or all indoor areas	6.1	(± 3.8)

Among those who are employed for wages (excluding self-employed):

In a typical week, about how many hours would you say you are in a room with cigarette smoke while at work including your own smoking if you smoke, and including a car, if you work from your car.

n = 279

Less than one hour	85.7%	(± 5.0%)
1-10 hours	7.0	(± 3.3)
More than 10 hours	7.3	(± 4.1)

Among current smokers who are employed for wages (excluding self-employed):

On the days you smoke, how many cigarettes per day on average do you smoke at work?

n = 79

average: 6.5 (± 1.5)

* Estimates based on sample sizes less than 75 omitted

These next questions ask your opinion on smoking in restaurants and bars. Do you think that smoking should be completely banned in restaurants?

n = 488

Yes	57.9%	(± 4.9%)
No	39.8	(± 4.9)
Don't know/Not sure	2.3	(± 1.6)

If there were a total ban on smoking in restaurants, do you think you would eat out more often, less often, or would it make no difference?

n = 482

More often	16.6%	(± 3.6%)
Less often	8.7	(± 2.9)
Make no difference	74.7	(± 4.3)

Do you think that smoking should be completely banned in bars and lounges?

n = 487

Yes	22.5%	(± 4.2%)
No	69.2	(± 4.6)
Don't know/Not sure	8.4	(± 2.6)

If there were a total ban on smoking in bars, do you think you would go to bars more often, less often, or would it make no difference?

n = 481

More often	12.6%	(± 3.3%)
Less often	14.7	(± 3.7)
Make no difference	72.7	(± 4.5)

Do you agree or disagree with this statement: Laws banning possession of tobacco products by minors (children under 18) have been enforced. Do you. . .

n = 487

Strongly agree	20.1%	(± 4.2%)
Somewhat agree	27.0	(± 4.4)
Somewhat disagree	19.3	(± 3.9)
Or strongly disagree	29.1	(± 4.5)
Don't know/Not sure	4.4	(± 1.8)

Here is another statement: The city or town where I live has enough rules and laws to protect nonsmokers from secondhand tobacco smoking. Do you. . .

n = 487

Strongly agree	21.8%	(± 4.3%)
Somewhat agree	39.7	(± 4.8)
Somewhat disagree	16.2	(± 3.6)
Or strongly disagree	12.6	(± 3.5)
Don't know/Not sure	9.7	(± 2.8)

Generally speaking, how often do you see young people -- those under age 18 smoking in your community? Would you say daily, or less often?

n = 475

Daily or almost daily	64.3%	(± 4.7%)
Couple of times per week	19.6	(± 3.9)
2-4 times per month	9.4	(± 2.8)
Once a month or less	5.5	(± 2.1)
Never	1.3	(± 0.9)

* Estimates based on sample sizes less than 75 omitted

Do you agree or disagree with this statement: Schools in my community are doing enough to prevent youth from using tobacco and helping them quit. Do you. . .

n = 488

Strongly agree	16.3%	(± 4.0%)
Somewhat agree	24.2	(± 4.2)
Somewhat disagree	16.5	(± 3.8)
Or strongly disagree	18.9	(± 3.9)
Don't know/Not sure	24.1	(± 4.1)

During the past year, did you, yourself, ever buy or give someone under the age of 18 tobacco products including cigarettes, smokeless tobacco, or cigars?

n = 488

Yes	4.4%	(± 2.3%)
No	95.6	(± 2.3)

Here is another statement: There are so many things that cause cancer, tobacco use is not going to make any difference. Do you. . .

n = 482

Strongly agree	4.7%	(± 2.5%)
Somewhat agree	8.6	(± 2.9)
Somewhat disagree	13.0	(± 3.5)
Or strongly disagree	73.7	(± 4.6)

How do you feel about this statement: Tobacco companies should have the same rights to advertise their products as other companies. Do you. . .

n = 476

Strongly agree	18.1%	(± 4.2%)
Somewhat agree	25.4	(± 4.4)
Somewhat disagree	16.1	(± 3.6)
Or strongly disagree	40.4	(± 4.9)

Some tobacco companies make promotional items like clothing, hats, bags or other things with their brand on it. Would you ever use or wear something that has a tobacco company logo or picture on it?

n = 477

Yes	23.8%	(± 4.6%)
No	76.2	(± 4.6)

During the past year, have you received a free sample or coupon for a free sample of cigarettes or other tobacco products?

n = 475

Yes	17.5%	(± 4.0%)
No	82.5	(± 4.0)

Some communities have organizations that specifically work on tobacco prevention activities. To your knowledge, has there been a local anti-tobacco or anti-smoking organization working in your community over the past few years?

n = 489

Yes	11.9%	(± 3.2%)
No	64.4	(± 4.7)
Don't know/not sure	23.7	(± 4.2)

* Estimates based on sample sizes less than 75 omitted

Among households with children 10-17 years of age:

Have you told your child specifically that you do not want him or her to use tobacco?

n = 102

Yes

92.9% (± 5.1%)

No

7.1 (± 5.1)

* Estimates based on sample sizes less than 75 omitted